

**Monday**

**Tuesday**

**Wednesday**

**Thursday**

**Friday**



**1**  
Meatball Penne  
½ Cup Corn  
Pears  
-----  
Alt Cold: Turkey & Cheese Sandwich

**2**  
Chicken Leg  
½ Cup Scalloped Potatoes  
Whole Grain Bread  
¼ Green Beans  
Apple Sauce  
-----  
Alt Cold: Ham & Cheese Sandwich

**3**  
Sloppy Joes  
Whole Grain Rich Bun  
½ Cup Mixed Vegetables  
¼ Cup Cucumbers  
Orange  
-----  
Alt Cold: Chicken Caesar Salad

**4**  
Pizza Hut Cheese Pizza Slice  
1 Cup Romaine  
Banana  
-----  
Alt Cold: Turkey & Cheese Sandwich

**5**  
Chicken Patty  
Whole Grain Rich Bun  
½ Cup Baked Beans  
¼ Cup Baby Carrots  
Pineapple  
-----  
Alt Cold: Ham & Cheese Sandwich

**8**  
Taco Hot Dish with  
¼ Cup Black Beans  
½ Cup Green Beans  
Peaches  
-----  
Alt Cold: Turkey & Cheese Sandwich

**9**  
Chicken Penne Alfredo  
¾ Cup Peas and Carrots  
Fruit Cocktail  
-----  
Alt Cold: Ham & Cheese Sandwich

**10**  
Salisbury Steak  
Whole Grain Rich Bread  
½ Cup Mashed Potatoes  
¼ Cup Baby Carrots  
Apple  
-----  
Alt Cold: Chef Salad

**11**  
Chicken Taco  
Whole Grain Tortilla  
½ Cup Corn  
¼ Cup Black Beans  
Banana  
-----  
Alt Cold: Turkey & Cheese Sandwich

**12**  
Meatball Sandwich  
Whole Grain Bun  
1 Cup Romaine  
Cantaloupe  
-----  
Alt Cold: Ham & Cheese Sandwich

**15**  
Chicken Nuggets  
½ Cup Baked Beans  
¼ Cup Green Beans  
Pears  
-----  
Alt Cold: Turkey & Cheese Sandwich

**16**  
Meatballs  
Whole Grain Rich Bread  
½ Cup Mashed Potatoes  
¼ Cup Diced Carrots  
Apple Sauce  
-----  
Alt Cold: Ham & Cheese Sandwich

**17**  
Chicken LoMein  
with ¼ Cup Peas and Carrots  
¼ Cup Cucumbers  
Orange  
-----  
Alt Cold: Chicken Caesar Salad

**18**  
Pizza Hut Cheese Pizza Slice  
1 Cup Romaine  
Banana  
-----  
Alt Cold: Ham & Cheese Sandwich

**19**  
Hot Ham and Cheese on a Bun  
½ Cup Potato Wedge  
¼ Baby Carrots  
Pineapple  
-----  
Alt Cold: Turkey & Cheese Sandwich

**22**  
Mac and Cheese  
¼ Cup Baby Carrots  
¼ Cup Peas  
Peaches  
-----  
Alt Cold: Turkey & Cheese Sandwich

**23**  
Chicken Enchilada Hot Dish  
with ½ Cup Black Beans  
¼ Cup Mixed Vegetables  
Fruit Cocktail  
-----  
Alt Cold: Ham & Cheese Sandwich

**24**  
BBQ Chicken  
Whole Grain Rich Bun  
¼ Cup Green Beans, Apple  
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Alt Cold: Chef Salad

**25**  
Turkey Gravy  
Whole Grain Rich Bread  
½ Cup Mashed Potatoes  
¼ Cup Diced Carrots  
Banana  
-----  
Alt Cold: Turkey & Cheese Sandwich

**26**  
CLOSED

**29**  
CLOSED

**30**  
Cheesy Chicken and Rice  
¾ Cup Green Beans  
Apple Sauce  
-----  
Alt Cold: Ham & Cheese Sandwich

**31**  
Hamburger  
Whole Grain Bun  
½ Cup Baked Beans  
¼ Baby Carrots  
Orange  
-----  
Alt Cold: Chicken Caesar Salad



Menus subject to change based on availability of items.  
Menu items marked with (\*) are whole grain rich.  
NOTE: Menus may contain nuts, seeds, milk, egg, soybean, and other ingredients  
Vegetable Serving Size = ¼ Cup unless otherwise noted