

THREE RIVERS READS

Thursday, January 25th, 2024



Greetings TRM Families,

The peak of the cold, flu, Covid-19, and RSV season is upon us. We have had several students and staff out with illness this week. Right now we are at high risk of having to suspend classes due to lack of staffing with staff and student illness. We have met the threshold of reporting to MDH of respiratory illness and have reported the high number of student cases per their directives. While we want to maintain coverage for all students we recognize the need to be responsive to the situation we are in and that coverage for services may look different day to day. We assure parents, students, and families we are working diligently to ensure all positions are covered appropriately day to day with the appropriately licensed staff, when necessary. We also review our staffing throughout each day to ensure coverage in all areas and at all times is taking place.

To help keep our community safe we are requesting the following.

- Please keep your child home from school if they are experiencing flu or cold symptoms. To decide whether or not to send your child to school, please consider the following guidelines:

Consider keeping your child at home for an extra day of rest and observation if he or she has any of the following symptoms:

- Very stuffy or runny nose and/or cough
- Mild sore throat (no fever, no known exposure to strep)
- Headache
- Stomach ache

As a reminder, our health policies state that your child must stay home if they have:

- A reportable disease (Covid, flu, mumps, measles, head lice, chicken pox, etc.)
- Vomited in the past 24 hours
- Had diarrhea in the past 24 hours
- A bacterial infection such as streptococcal pharyngitis or impetigo and has not completed 24 hours of antimicrobial therapy
- A temperature of 100 degrees Fahrenheit axillary or higher temperature of undiagnosed origin before fever reducing medication is given. This means the thermometer reads 100 degrees Fahrenheit or higher when taken under the arm (axillary).
- An undiagnosed rash or a rash attributable to a contagious illness or condition
- Significant respiratory distress
- Not able to participate in activities with reasonable comfort

Your child must be symptom-free for 24 hours before returning to school.

Your child may return to school:

- 24 hours after fever breaks (without medication) or vomiting/diarrhea have stopped, and
- 24 hours after the first dose of prescribed antibiotic for contagious illness, 12 hours for strep

We will be having our cleaning company do a deep cleaning and disinfecting of the school from top to bottom on Friday and over the weekend. We are also ensuring that there is soap and hand sanitizer in all dispensers and encouraging everyone to remind students about the importance of hand washing.

Thank you in advance for helping make this year at school as healthy as possible.